

## How To Brush Your Dog's Teeth



Materials you will need:

- Toothbrush
- **Pet** toothpaste (do not use human toothpaste)
- A treat or some sort of reward for your pet.

**Note:** Begin slowly! Make this an enjoyable experience for you and your pet. If it becomes a chore or your pet resists, you will be less likely to continue.

**Day 1:** Gently pet and scratch the muzzle, slowly lifting the lip for about 30 seconds. Reward with praise and a treat.

**Day 2:** Repeat as above except gently run your finger over your pet's teeth for 30 to 60 seconds. Reward and praise.

**Day 3:** Repeat the above step, and introduce the pet to the taste of pet toothpaste. Always reward and praise.

**Day 4:** Apply a small amount of pet toothpaste to the fingerbrush or toothbrush and brush for about 30 seconds (or as long as your pet will allow).

**Day 5:** Repeat every day, gradually increasing the time to brush for at least 60 seconds. Always remember to reward and praise.

Try to do this every day and incorporate it into your everyday routine. Always remember to offer plenty of praise and positive attention to keep this a very enjoyable experience for everyone.

If you need any help or have questions,  
please contact us at 775.356.8323

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Pyramid Veterinary Hospital

## How To Brush Your Cat's Teeth



Materials you will need:

- Small Toothbrush
- **Pet** toothpaste (do not use human toothpaste)
- A treat or some sort of reward for your pet.

**Note:** Begin slowly! Make this an enjoyable experience for you and your pet. If it becomes a chore or your pet resists, you will be less likely to continue.

**Day 1:** Pet your kitty in his or her favorite way, gradually working your way to the head and mouth. Make sure that your kitty is comfortable with your touching the face and mouth area.

**Day 2:** Repeat the above step and introduce the pet toothpaste by placing a small amount on your finger and letting your kitty smell and taste it. Reward with praise and a treat.

**Day 3:** Always petting gently, lift the lip and gently run your fingers over the teeth and gum-line. Give your kitty another small sample of the pet toothpaste. Praise and pet your kitty frequently.

**Day 4:** Introduce the toothbrush. Place some pet toothpaste on the brush and brush for about 30 seconds (or as long as your pet allows). Reward with praise and a treat.

**Day 5:** Repeat every day, gradually increasing the time to brush for at least 60 seconds. Always remember to reward and praise.

*Tip: Fingerbrushes are small and may allow you into your pet's mouth more easily than a toothbrush but you are at a greater risk of being accidentally bitten. Use caution with these.*

Try to do this every day and incorporate it into your everyday routine. Always remember to offer plenty of praise and positive attention to keep this a very enjoyable experience for everyone.

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